





# FIRST ROUND ROW



EXIT

















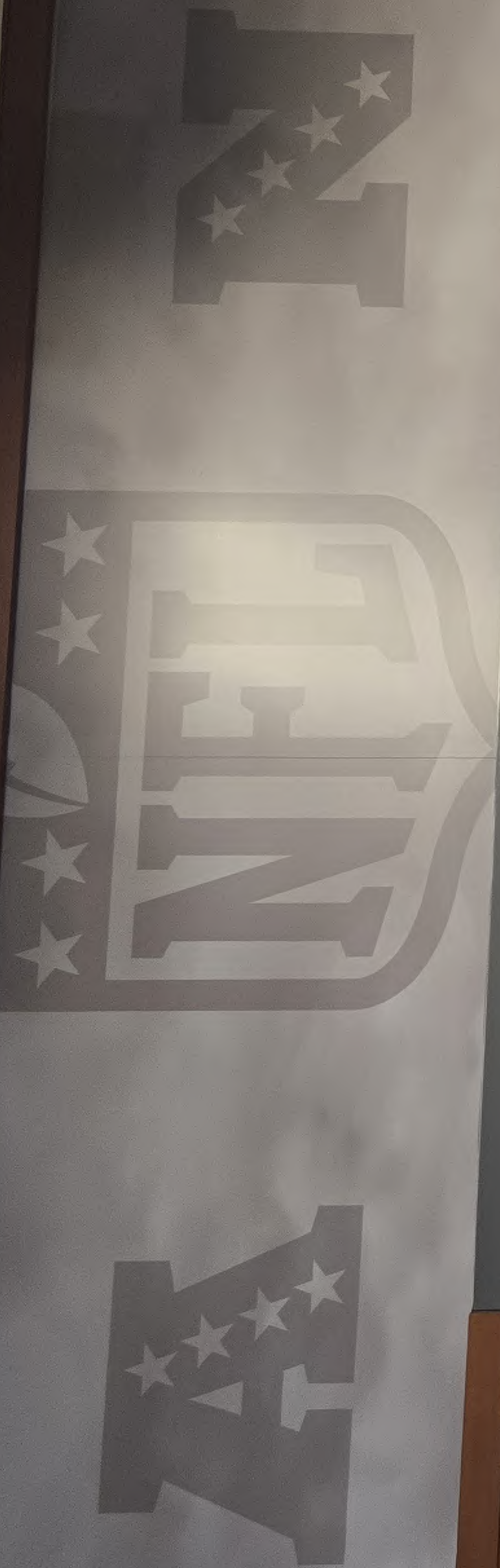








EXIT







EMERALD BOWL

15<sup>th</sup> Annual  
NORTH CAROLINA STATE vs KANSAS  
DECEMBER 17, 1973 MEMPHIS MEMPHIS

Coca-Cola  
ACC SEC BOWL

It's All About  
The Ball











North Carolina  
State Vs.  
Florida

Official \$5  
Program  
DEC. 31, 1992



JACKSONVILLE, FLORIDA











Proctor Room  
1000-1000

1972 1973 1974 1975 1976 1977 1978 1979 1980 1981 1982 1983 1984 1985 1986 1987 1988 1989 1990 1991 1992 1993 1994 1995 1996 1997 1998 1999 2000 2001 2002 2003 2004 2005 2006 2007 2008 2009 2010 2011 2012 2013 2014 2015 2016 2017 2018 2019 2020 2021 2022

TOYOTA  
GATOR  
BOWL



Georgia Tech  
Athletic Center

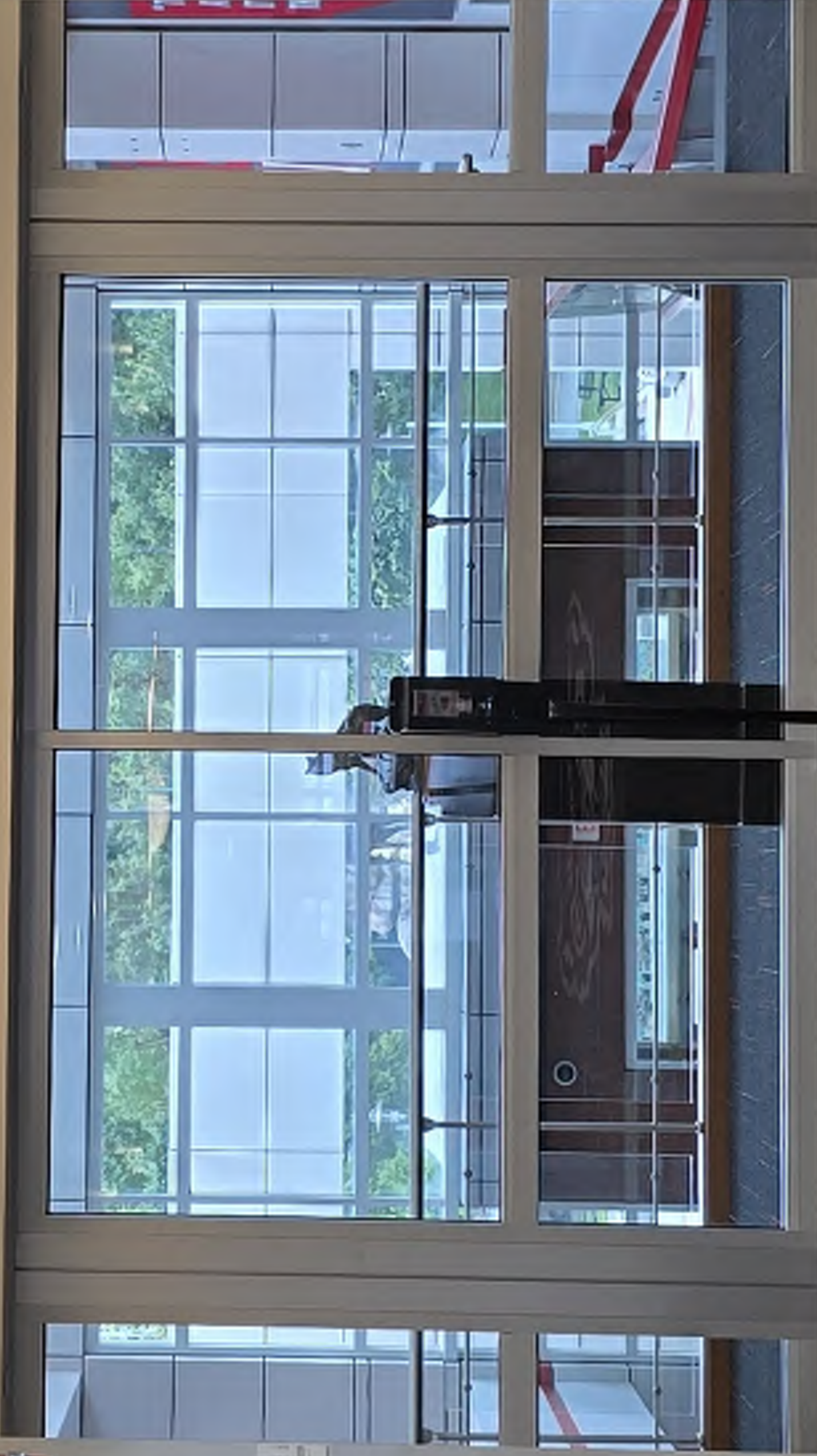








HARD • TOUGH • TOGETHER







Coca-Cola ICE COLD



THER

3





Mario Williams  
#1 Overall Pick 2006 NFL Draft  
NCSU Defensive End 2003-2005





**Shelco**  
Building Excellence  
shelcolc.com



Mario Williams  
#1 Overall Pick 2006 NFL Draft  
NCSU Defensive End 2003-2005































**3 Protein**

- Builds and repairs muscles

- ☒ Choose a variety of protein sources: chicken, turkey, fish, pork, beef, or dairy-based
- ☒ Choose only lean protein sources on off-days or when injured

**2 Carbohydrate**

- Short term energy
- Reduces muscle soreness
- Fuels intense activity

- ☒ Decrease portions when activity levels are low on off-days or due to injury

**1 Vegetables & Fruit**

- Antioxidants for recovery and immune health
- Reduces muscle soreness

- ☒ Fill half your plate with a variety of fruits and vegetables

**3 Steps to Building a Winning Plate**

**Vegetables & Fruit**  
Start with your antioxidants

**Carbohydrate**  
Choose your fuel from a variety of starchy vegetables, grains and rice

**Protein**  
Recover and rebuild your muscles with high quality protein everyday

**Be a 24 Hour Athlete!**



















EXIT

Ravel  
5









CAPTIVE-AIRE

VULCAN

VULCAN

RATIONAL

RATIONAL

















PAVING  
FEDERAL

ALSC  
UNIFORM  
KEEP TO KEEP CLEAN

MONOGRAM

EXIT





PANEL K2  
FED FROM K1

PANEL K3  
FED FROM K1



PANEL K3  
FED FROM K

PANEL K2  
FED FROM K1

28-18





PANEL K1  
FED FROM DP  
VIA XFMR TK1

2595







319-0

12oz GOBELET CHAUD  
REMOVABLE & COMPOSTABLE  
EP-BHC12-WA  
100 PCS  
13 AG

RITZ  
01658-00

BUTANE FUEL  
CARTRIDGES  
10-20oz  
EP-ECOLID-W  
10-20oz  
HOT CUP LIDS  
REMOVABLE & COMPOSTABLE  
800 PCS  
13 AG

8" Flour Donuts  
122044  
ITEM 2708

12-1/2oz  
NET WT 3.5014kg

12oz GOBELET CHAUD  
REMOVABLE & COMPOSTABLE  
EP-BHC12-WA  
100 PCS  
13 AG

12-1/2oz  
NET WT 3.5014kg

12oz GOBELET CHAUD  
REMOVABLE & COMPOSTABLE  
EP-BHC12-WA  
100 PCS  
13 AG





































DISCIPLINE

P.R.I.D.E.

& CONDITION

WOLF





EXIT

HARBOR

DISCIPLINE

P.R.I.D.E





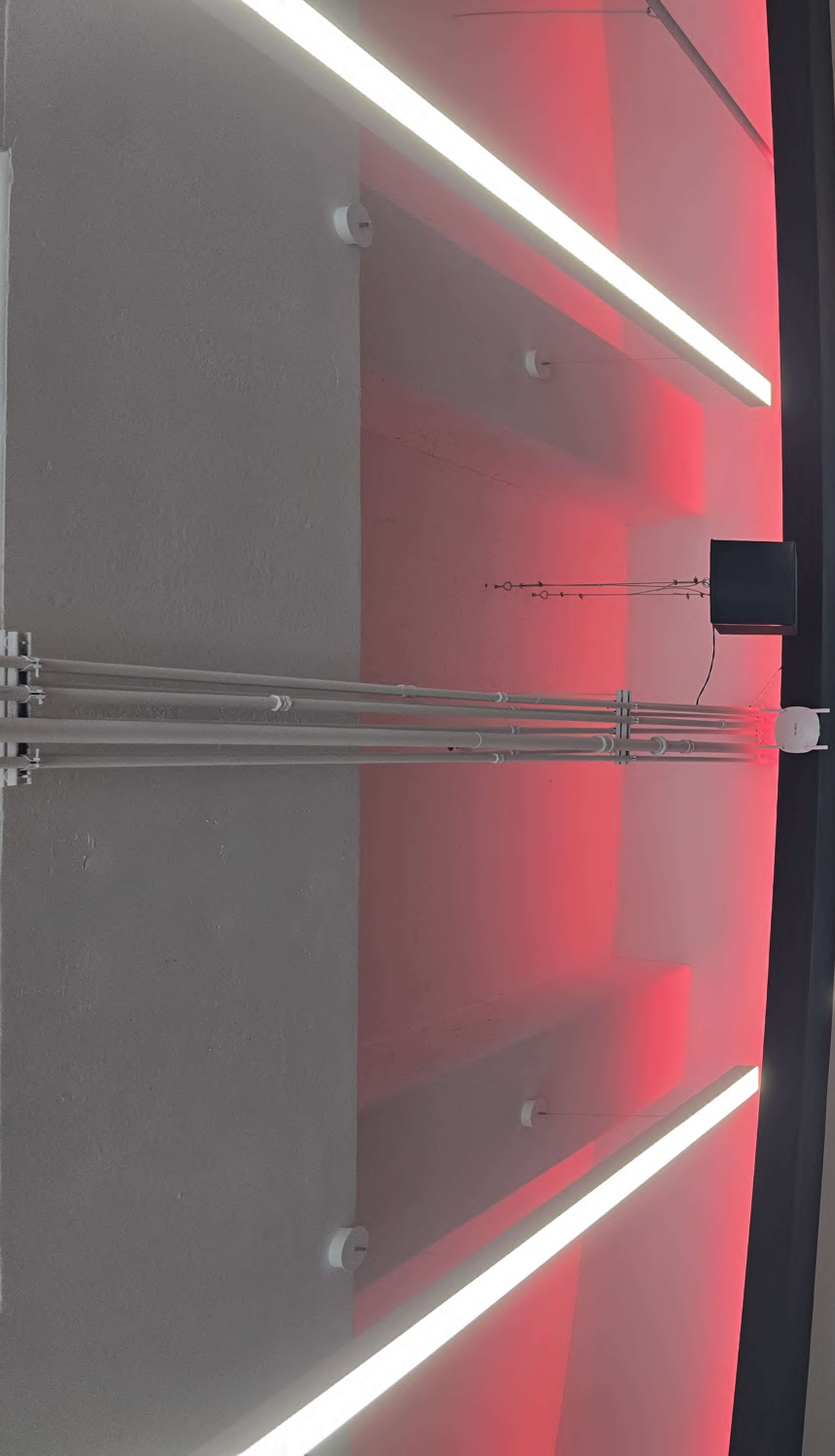












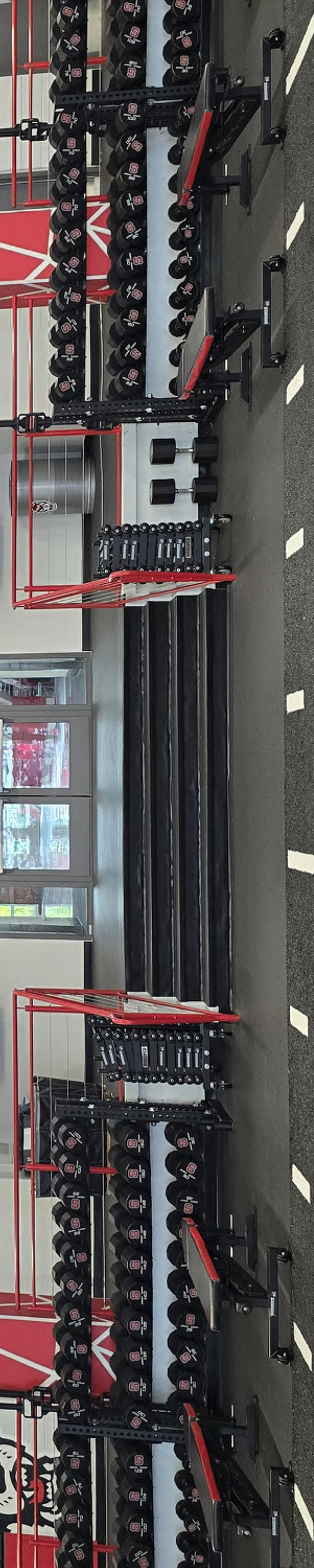
FOCUS



HARD. TOUGH. TOGETHER.



COMPETE





DETAIL

URGENCY

AS IRON SHARPENS  
SO ONE MAN  
SHARPENS AN

COMPLETE

WODS



ER





DETAIL

HARD. TOUGH. TOGETHER.

AS IRON SHARPENS  
SO ONE MAN  
SHARPENS ANOTHER

45  
SERIES  
NC STATE

























CONDENSER WATER RETURN

CHILLED WATER SUPPLY

HEATING HOT WATER RETURN

HEATING HOT WATER SUPPLY















